

# Research on a highly sensitive surface plasmon resonance sensor based on side-polished holey fiber with circle lattice

JIAN-FEI LIAO

School of Mechanical and Electrical Engineering, Wuyi University, Wuyishan 354300, China:  
e-mail: jfliao@126.com

Using the strong local electromagnetic field enhancement of surface plasmon polaritons (SPP), a highly sensitive surface plasmon resonance (SPR) sensor based on side-polished circle lattice holey fiber (HF) is proposed. The coupling resonance properties of the sensor are numerically studied, and the investigation findings indicate that our proposed sensor can realize single-resonance detection within a wide wavelength range of 1.189–1.921  $\mu\text{m}$  for the refractive index (RI) of the analyte changes from 1.28 to 1.39. The highest wavelength sensitivity, amplitude sensitivity, and RI resolution are up to 21,400 nm/RIU, 363.4 RIU<sup>-1</sup>, and  $4.67 \times 10^{-6}$  RIU, respectively. Therefore, our proposed sensor will have broad application prospects in RI sensing, including water pollution monitoring, medical treatment, and food safety detection.

Keywords: fiber optics, holey fiber, surface plasmon resonance, sensor.

## 1. Introduction

In recent years, optical sensors based on surface plasmon resonance (SPR) have been widely investigated and applied in disease detection [1-3], chemical reaction monitoring [4], biochemical research [5], and other photonic devices [6,7] thanks to their unique and excellent capabilities including high detectable sensitivity, online, and label-free measurement. However, most optical SPR sensors, which contain a coupling prism structure [8,9], have several limitations, such as high cost, bulky configuration, unsuitability for distributed sensing, etc. To solve these defects, optical fiber is used to displace the bulky prism since it is more flexible and can increase system integration [10-14]. Moreover, SPR-based optical fiber sensors have become more appealing due to their advantages such as anti-electromagnetic interference, mechanical stability, and higher sensing capability [15]. Nevertheless, the coupling condition between the plasmonic and fiber core modes is always hard to satisfy because the refractive index (RI) values of these two modes are usually unequal.

With the aim of solving the phase matching issues of SPR optical fiber sensors, SPR holey fiber (HF) sensors have been proposed thanks to their flexible design struc-

ture [16-18]. But the traditional SPR HF sensors are devised by selectively filling the air holes with an inside metal coating method [19,20]. This type of SPR-based HF sensor is always hard to implement practically. Hence, various practically realizable SPR-based HF sensors have been designed by placing the analyte and metal coating layer outside of HF recently [21-28]. In 2018, a SPR sensor was developed by CHAKMA *et al.* using a circular layer of HF [21]. Benefiting from locating the sensing media outside of HF, the highest wavelength and amplitude sensitivities were 9000 nm/refractive index unit (RIU) and 318 RIU<sup>-1</sup>, respectively. Furthermore, the index resolution was up to  $1.11 \times 10^{-5}$  when the RI of the analyte lay in (1.34, 1.37). In the same year, TONG *et al.* proposed an SPR sensor utilizing three-core HF [22]. The gold film is placed outside of HF while the sensing media is lying on the gold layer surface. Their findings showed that a change in analyte RI from 1.33 to 1.40 resulted in an average wavelength sensitivity of 3435 nm/RIU and the highest resolution of  $2.91 \times 10^{-6}$  RIU. An H-shaped HF SPR sensor was developed by LI *et al.* in 2020 was intended for RI detection [23]. Thanks to its U-shaped groove open structure, the highest sensitivity to wavelength in the sensor design was 12,600 nm/RIU when the analyte RI lay in (1.33, 1.41). Moreover, a new type of SPR sensor that grounded on dual-side polished HF with a twin-core was developed by HAN *et al.* [24]. Based on the simulation results, an extensive sensing range of 1.35–1.47 achieved the highest wavelength sensitivity of 20700 nm/RIU, and the highest recorded amplitude sensitivity was up to 1479.03 RIU<sup>-1</sup>. However, sensitivities of 1800 nm/RIU for wavelength and 73.6 RIU<sup>-1</sup> for amplitude achieved at the low detection range of 1.35–1.39. In 2021, WANG *et al.* developed a trapezium-shaped groove HF SPR sensor for low RI sensing [26]. Following the adjustment of the sensing range to 1.18–1.3, the highest sensitivity of 9100 nm/RIU for wavelength was obtained. Moreover, the highest amplitude sensitivity and RI resolution were 99 RIU<sup>-1</sup> and  $1.10 \times 10^{-5}$ , respectively. In 2022, a side-opening HF SPR sensor was proposed for RI and temperature detection [27]. When the sensing range changed from 1.33 to 1.34, the highest wavelength and temperature sensitivities were 1488 nm/RIU and 527.2 pm/°C, correspondingly. Additionally, some SPR sensors based on photonic quasi-crystal fibers have also been proposed for RI sensing. For example, LIU *et al.* proposed a new type of SPR sensor using an eccentric core photonic quasi-crystal fiber [28]. the highest wavelength sensitivity was up to 21,100 nm/RIU when the analyte RI lay in (1.33, 1.39). CHU *et al.* designed a high RI detection SPR sensor using photonic quasi-crystal fiber [29]. Their findings indicated that the highest wavelength sensitivity of 17,000 nm/RIU was achieved for the detection range of 1.44–1.57. In 2023, MANICKAM *et al.* proposed a photonic quasi-crystal fiber SPR sensor for urinary methanol sensing [30]. With RI lying in the range of 1.32–1.36, the highest values for wavelength sensitivity, amplitude sensitivity, and figure of merit are 5000 nm/RIU, 150 RIU<sup>-1</sup>, and 163.09, respectively.

In this paper, a highly sensitive SPR sensor based on a circle lattice HF coated with indium tin oxide (ITO) is proposed for low RI sensing. With a dual-side polished struc-

ture, efficient enhancement of coupling intensity between plasmonic and fiber core modes is achievable. The detection property is numerically discussed thoroughly. The findings indicate that the highest wavelength and amplitude sensitivities are as high as 21400 nm/RIU and 363.4 RIU<sup>-1</sup>, respectively. Meanwhile, the highest RI resolution of  $4.67 \times 10^{-6}$  RIU is obtained with the instrument's resolution of 0.1 nm.

## 2. Structure design and theoretical model

The geometry of our proposed SPR sensor, which utilizes an ITO-coated HF, is illustrated in Fig. 1. To simplify the sensor fabrication, the HF cladding region has only two layers of air holes arranged in a circular lattice. The single core is formed by replacing one silica rod with an air hole at the center of HF. In addition, both sides of HF, which are coated with ITO film, are polished to generate the SPR effect efficiently. Our proposed sensor is less expensive and simpler in structure than other SPR sensors adopting a dual-side polished gold-coated HF [24,25]. The sensor parameters are the inner and outer ring air hole pitch  $R_1, R_2$ , air hole diameter  $d_1, d_2, d_3$ , ITO layer thickness  $t$ , and spacing from the fiber central  $l$ . The analyte RI is  $n_a$ . The RI of the background materials can be obtained from the Sellmeier equation [31], while the permittivity of ITO is calculated from the Drude model [31]. Note that the circle lattice HF can be produced through the stack-and-draw technique, and the dual-side polished structure can be accomplished by using a 3D mechanical platform with a wheel-polishing setup. Moreover, we can adopt the chemical deposition technique to deposit ITO film.

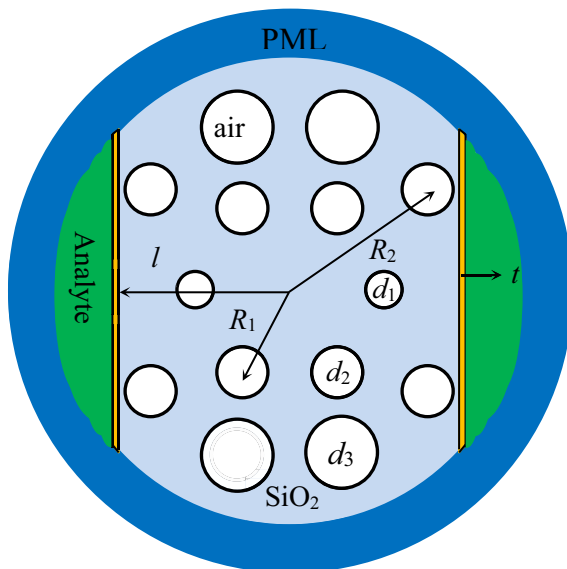


Fig. 1. The structure of the proposed HF-SPR sensor.

To evaluate the sensor's detection quality comprehensively, we study the loss CL, wavelength sensitivity  $S_\lambda$  and amplitude sensitivity  $S_a$  by using the following equations [31]

$$\text{CL}(\text{dB/cm}) = 8.686 \times \frac{2\pi}{\lambda} \text{Im}(n_{\text{eff}}) \times 10^4 \quad (1)$$

$$S_\lambda(\text{nm/RIU}) = \frac{\Delta\lambda_{\text{peak}}(n_a)}{\Delta n_a} \quad (2)$$

$$S_a = -\frac{\Delta\text{CL}/\Delta n_a}{\text{CL}_{\text{initial}}} \quad (3)$$

where  $\lambda$  and  $\text{Im}(n_{\text{eff}})$  indicate the working wavelength and the imaginary part of the  $n_{\text{eff}}$ , respectively.  $\Delta\lambda_{\text{peak}}$  indicates the modification of peak wavelength.  $\Delta n_a$  is the variation of  $n_a$ .  $\Delta\text{CL}$  denotes the loss variation, while  $\text{CL}_{\text{initial}}$  stands for the loss in the original state.

### 3. Simulation results and discussions

Based on the full-vector FEM [32], the  $E$ -field profiles of the sensor at the wavelengths 1.45, 1.60 and 1.75  $\mu\text{m}$ , which are shown in Fig. 2, are numerically studied with the HF parameters  $R_1 = 3.1 \mu\text{m}$ ,  $R_2 = 5.0 \mu\text{m}$ ,  $d_1 = 0.4 \mu\text{m}$ ,  $d_2 = 0.6 \mu\text{m}$ ,  $d_3 = 0.9 \mu\text{m}$ ,  $t = 60 \text{ nm}$ ,  $l = 5.0 \mu\text{m}$ ,  $n_a = 1.37$ . In Figs. 2(g), (h) and (i), one can observe that throughout the operating wavelength range, the field distribution of the  $y$ -polarized

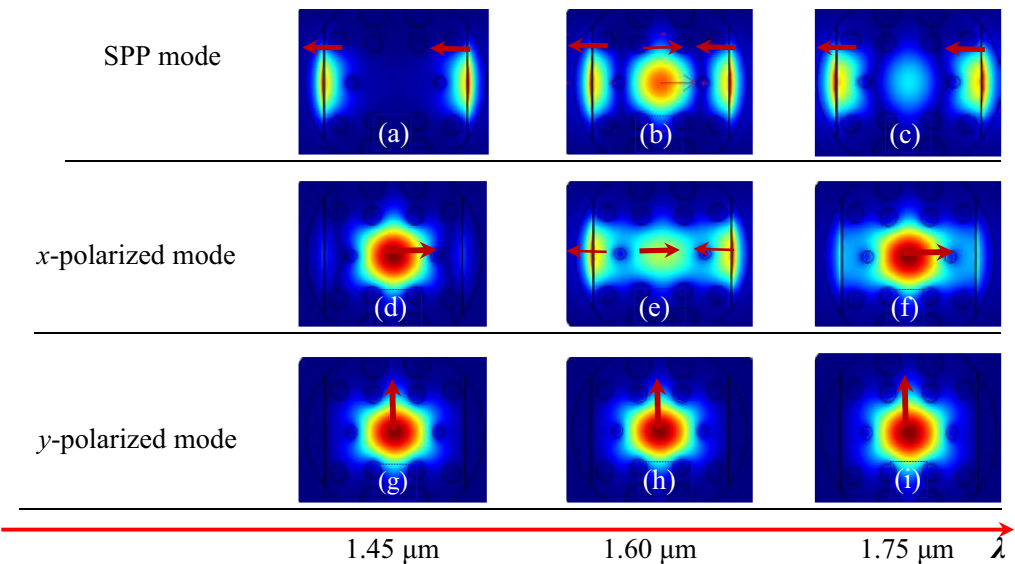


Fig. 2. Distributions of electric fields for the SPP mode, x-polarized and y-polarized modes.

fundamental mode is parallel to the ITO layer surface, resulting in minimal coupling with SPP mode and mainly existing in the core region. This coupling property can protect the sensor from the crossing interference generated by multimode resonance [22-24]. Hence, only the coupling property of the  $x$ -polarized fundamental mode is studied in this work. According to Figs. 2(a) and (d), we can learn that the  $x$ -polarized and SPP modes state in a weak-coupling situation at 1.45  $\mu\text{m}$ . However, when the resonance condition between the  $x$ -polarized and SPP modes is met at 1.60  $\mu\text{m}$ , the majority of the  $E$ -field energy is transferred from the former to the latter, which are illustrated in Figs. 2(b) and (e). According to Figs. 2(c) and (f), the coupling strength between the  $x$ -polarized fundamental and SPP modes becomes weak again at 1.75  $\mu\text{m}$  since these two modes no longer meet the resonance condition.

The mode resonance properties are also studied by keeping the HF parameters unchanged, and the simulation results are given in Fig. 3. In Fig. 3(a), the values of  $\text{Re}(n_y)$  decrease gradually if the operation wavelength varies from 1.45–1.75  $\mu\text{m}$ . On the other hand, the values of  $\text{Re}(n_{\text{spp}})$  are larger than that of  $\text{Re}(n_x)$  in the short-wavelength range, which leads the coupling strength between these two modes to become weak. But at the resonance point, the values of  $\text{Re}(n_x)$  and  $\text{Re}(n_{\text{spp}})$  are equal. It indicates that the point at which resonance occurs between these two modes is met at 1.60  $\mu\text{m}$ . Moreover, after the resonance point, the values of  $\text{Re}(n_x)$  enlarge abruptly while the values of  $\text{Re}(n_{\text{spp}})$  suddenly reduce. This is because the phase of these two modes is impacted severely when the SPR effect happens. Fig. 3(b) gives the loss curves. The loss of the  $y$ -polarized fundamental mode ( $\text{CL}_y$ ) is really small and remains almost unchanged for increasing the wavelength from 1.45 to 1.75  $\mu\text{m}$ . This is because  $y$ -polarized and SPP modes exhibit a weak intensity of interaction, which is verified by the  $E$ -field profiles shown in Fig. 2. Unlike the  $\text{CL}_y$ , the loss of the  $x$ -polarized mode ( $\text{CL}_x$ ) rises and then falls. Meanwhile, the loss of the SPP mode ( $\text{CL}_{\text{spp}}$ ) rises and then falls, then increases again with the increment of the wavelength. However,  $\text{CL}_x$  and  $\text{CL}_{\text{spp}}$  have identical values at the resonance point. It implies that our proposed sensor can achieve fully-coupled resonance, which can make the sensor more sensitive.

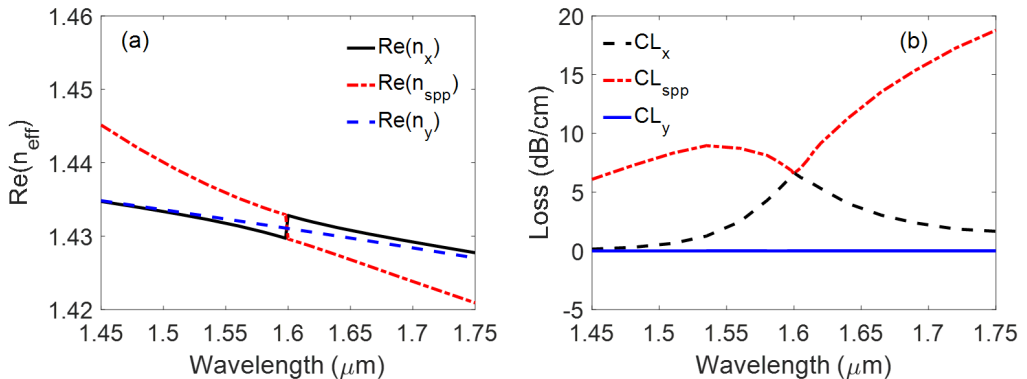


Fig. 3. The dispersion curve (a) and loss curve (b) of the sensor.

With the HF parameters  $R_1 = 3.1 \mu\text{m}$ ,  $R_2 = 5 \mu\text{m}$ ,  $d_1 = 0.4 \mu\text{m}$ ,  $d_2 = 0.6 \mu\text{m}$ ,  $d_3 = 0.9 \mu\text{m}$ , and  $l = 5 \mu\text{m}$ , we investigate the effects of  $t$  and  $n_a$  on the resonant properties, and the findings are displayed in Fig. 4. According to Fig. 4(a), the resonant wavelength experiences a red shift for  $n_a = 1.37$  as the value of  $t$  ranges from 50 to 70 nm. For instance, the value of the peak wavelength for  $t = 50 \text{ nm}$  is  $1.462 \mu\text{m}$  while the value of the resonant wavelength is up to  $1.739 \mu\text{m}$  for  $t = 70 \text{ nm}$ . It can be attributed to that a larger  $t$  causes a greater distance between the ITO surface and HF core region, and results in that the interaction between the  $x$ -polarized and SPP modes is limited to the longer wavelength region. Fig. 4(b) depicts the impact of  $n_a$  on the resonance wavelength for the ITO film with a thickness of 50–70 nm. If the ITO film's thickness keeps unchanged, the peak wavelength increases quickly within  $n_a$  rising from 1.28 to 1.39. It is worth noting that when  $t = 70 \text{ nm}$ , the  $x$ -polarized mode can not couple with the SPP mode at  $n_a = 1.39$ , and the peak wavelength can be as short as  $1.305 \mu\text{m}$  for  $n_a = 1.28$  when the peak wavelength is as long as  $1.901 \mu\text{m}$  for  $n_a = 1.38$ . Otherwise, the increased speed of the peak wavelength with the high sensing RI is higher than that of the low detection RI. Such as at  $n_a = 1.39$ , the resonance wavelength at  $t$  ranging

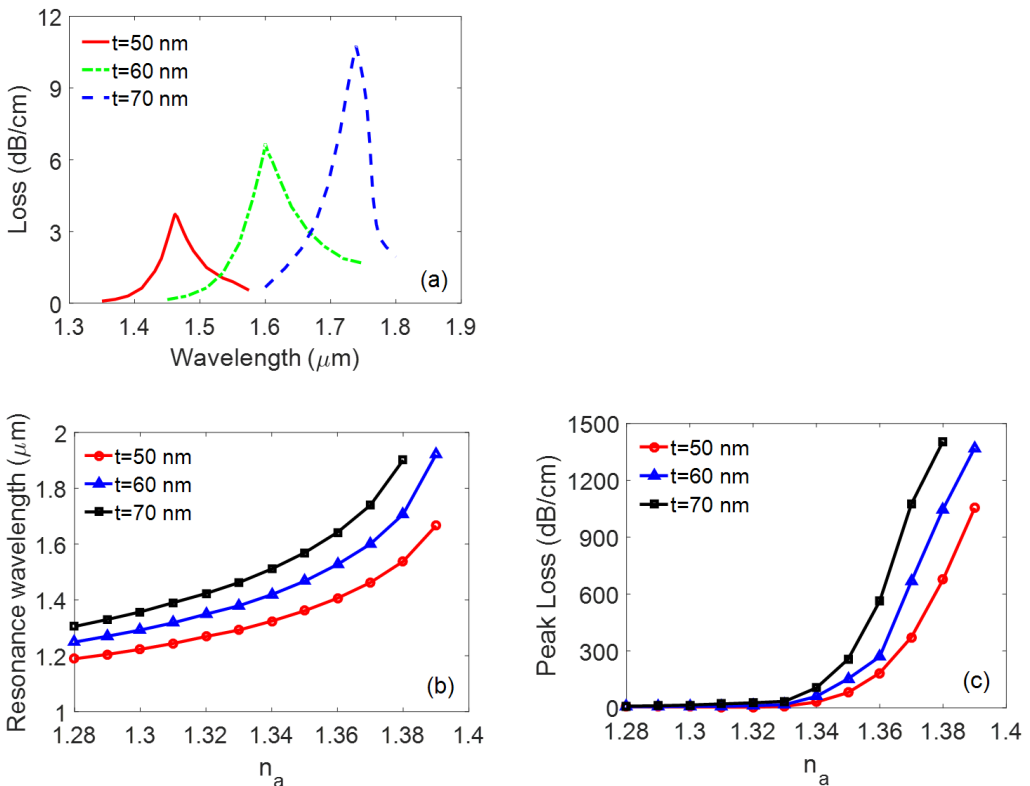


Fig. 4. (a) The influence of  $t$  on the loss curve of the  $x$ -polarized mode at  $n_a = 1.37$ ; (b) the impact of  $n_a$  on the peak wavelength for  $t = 50, 60, 70 \text{ nm}$ ; (c) the effect of  $n_a$  on the peak loss for  $t = 50, 60, 70 \text{ nm}$ .

from 50 to 60 nm increases from 1.666 to 1.921  $\mu\text{m}$ . But if  $n_a = 1.28$ , the resonance wavelength rises only from 1.189  $\mu\text{m}$  to 1.249  $\mu\text{m}$  when  $t$  changes from 50 to 60 nm. The reason is that a higher  $n_a$  causes to a higher  $\text{Re}(n_{\text{spp}})$  while  $\text{Re}(n_x)$  almost keeps unchanged. Therefore, the peak wavelength has a red shift. The effect of  $n_a$  on the peak loss for  $t = 50, 60,$  and  $70$  nm is given in Fig. 4(c). As  $t$  remains unchanged, the peak loss increases slowly with  $n_a$  varying from 1.28 to 1.33 while the peak loss increases quickly with  $n_a$  varying from 1.33 to 1.39. The reason is that the coupling intensity between these two modes is too weak when  $n_a$  lies in (1.28, 1.33). However, the interaction intensity between these two modes can be significantly increased by adjusting  $n_a$  between 1.33 and 1.39, and then the  $E$ -field energy transferred to the SPP mode increases as a result of transfer from the fiber core mode. However, if  $n_a$  remains unchanged, the peak loss increases with  $t$  adjusting from 50 to 70 nm. It occurs due to the increased resonant intensity as  $t$  rises from 50 to 70 nm.

To examine the sensor's detection quality, the wavelength and amplitude sensitivities were analyzed, taking into account the impact of  $t$  and  $n_a$ , the findings are presented in Fig. 5. The HF parameters are  $R_1 = 3.1 \mu\text{m}$ ,  $R_2 = 5 \mu\text{m}$ ,  $d_1 = 0.4 \mu\text{m}$ ,  $d_2 = 0.6 \mu\text{m}$ ,  $d_3 = 0.9 \mu\text{m}$ , and  $l = 5 \mu\text{m}$ . Figure 5(a) displays that  $S_\lambda$  rises with  $n_a$  changing from 1.28–1.29, 1.29–1.30, 1.30–1.31, 1.31–1.32, 1.32–1.33, 1.33–1.34, 1.34–1.35, 1.35–1.36, 1.36–1.37, 1.37–1.38 and 1.38–1.39 when  $t = 50, 60$  nm, respectively. Particularly at  $t = 60$  nm, is only 2100 nm/RIU as  $n_a$  adjusts from 1.28 to 1.29. But if  $n_a$  varies from 1.38–1.39,  $S_\lambda$  is up to 21400 nm/RIU. Moreover, the wavelength sensitivities of 2500, and 17200 nm/RIU are obtained at  $t = 70$  nm when  $n_a$  changes from 1.28–1.29, and 1.37–1.38 correspondingly. Hence, the upper limit of resolution is  $4.67 \times 10^{-6}$  RIU when the instrument's resolution is 0.1 nm. In addition, if  $n_a$  keeps invariable,  $S_\lambda$  increases with  $t$  enhancing from 50 to 70 nm. Figure 5(b) shows the impacts of  $t$  and  $n_a$  on  $S_a$ . As  $t$  remains unchanged,  $S_a$  increases with  $n_a$  varying from 1.28 to 1.33 while decreases with  $n_a$  varying from 1.33 to 1.38. On the contrary, if  $n_a$  lies in (1.32, 1.38),  $S_a$  is inversely proportional to the  $t$ , and the highest  $S_a$  of  $363.4 \text{ RIU}^{-1}$  is realized for

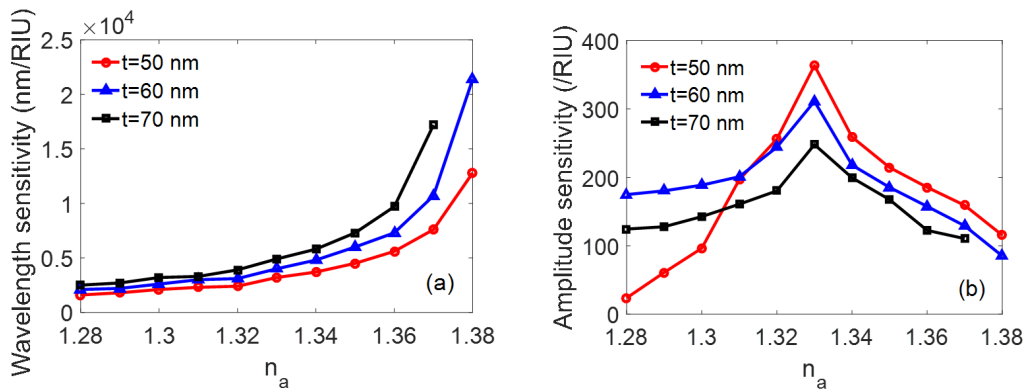


Fig. 5. The effect of  $n_a$  on the wavelength sensitivity (a) and amplitude sensitivity (b) when  $t = 50, 60, 70$  nm.

Table. Evaluating the performance of other HF-SPR sensors comparatively.

Fiber structure	RI range [RIU]	Max. wavelength sensitivity [nm/RIU]	Max. amplitude sensitivity [RIU <sup>-1</sup> ]	Ref.
D-shaped HF	1.28–1.34	6000	148	[31]
Hollow-core D-shaped HF	1.33–1.34	2900	120	[34]
Dual-core dual-side polished HF	1.35–1.47	20700	1479.03	[24]
Au-based three-core HF	1.33–1.40	3435	N/A	[22]
Elliptical-lattice polished HF	1.395–1.415	12400	252	[33]
Trapezium-shaped groove HF	1.18–1.30	9100	99	[26]
H-shaped HF	1.33–1.41	12600	56.37	[23]
Side-opening HF	1.33–1.34	1488	N/A	[27]
This work	1.28–1.39	21400	363.4	N/A

$t = 50$  nm when  $n_a$  changes from 1.33 to 1.34. Therefore, our proposed sensor with excellent sensing performance is very suitable for RI detection.

For the purpose of comparing with other HF-SPR sensors, the Table generalizes the sensing performances of these SPR-HF sensors by placing the analyte and metal coating layer outside of HF. It can be learn from this Table that the highest wavelength and amplitude sensitivities of our developed sensor are much higher than that of other HF-SPR sensors except the dual-side polished HF SPR sensor [24]. However, these dual-side polished HF SPR sensors are more suitable for high RI detection since their sensing performances are not good enough in case the analyte's RI is under 1.39. Consequently, our proposed sensor has great potential applications for low RI sensing.

## 4. Conclusions

A high-sensitivity SPR sensor based on side-polished HF with a circle lattice is introduced for low RI sensing. In order to realize the SPR effect in the proposed sensor, ITO is adopted as a plasmonic material coated on two polished surfaces of HF. The side-polished ITO-coated fiber structure can not only improve the detection sensitivity by strengthening the interaction intensity between the  $x$ -polarized and SPP modes, but also can greatly reduce the difficulty of ITO coating and make the sensor easy to fabricate. By using the full-vector FEM, the sensing characteristics are numerically investigated thoroughly. The findings manifest that complete coupling can be realized. Additionally, the sensing performances can be effectively influenced by the sensor parameters. The highest  $S_\lambda$ ,  $S_a$  and resolution are as high as 21,400 nm/RIU, 363.4 RIU<sup>-1</sup> and  $4.67 \times 10^{-6}$  RIU, respectively. These findings provide a reference for the RI detection including water pollution monitoring, chemical, and biological sensing.

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